

# UNIVERSAL CHILD HEALTH RECORD

*Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health*

| SECTION I - TO BE COMPLETED BY PARENT(S)                                                                                                                                                                                                                                                            |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Child's Name (Last) _____ (First) _____                                                                                                                                                                                                                                                             |                | Gender<br><input type="checkbox"/> Male <input type="checkbox"/> Female                                             |                                                                                                  | Date of Birth<br>/    /                                                                       |                                                                                                                                                                                            |
| Does Child Have Health Insurance?<br><input type="checkbox"/> Yes <input type="checkbox"/> No                                                                                                                                                                                                       |                | If Yes, Name of Child's Health Insurance Carrier _____                                                              |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Parent/Guardian Name _____                                                                                                                                                                                                                                                                          |                | Home Telephone Number _____                                                                                         |                                                                                                  | Work Telephone/Cell Phone Number _____                                                        |                                                                                                                                                                                            |
| Parent/Guardian Name _____                                                                                                                                                                                                                                                                          |                | Home Telephone Number _____                                                                                         |                                                                                                  | Work Telephone/Cell Phone Number _____                                                        |                                                                                                                                                                                            |
| <i>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</i>                                                                                                                                                          |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Signature/Date _____                                                                                                                                                                                                                                                                                |                |                                                                                                                     |                                                                                                  | This form may be released to WIC.<br><input type="checkbox"/> Yes <input type="checkbox"/> No |                                                                                                                                                                                            |
| SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER                                                                                                                                                                                                                                                |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Date of Physical Examination: _____                                                                                                                                                                                                                                                                 |                |                                                                                                                     | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No |                                                                                               |                                                                                                                                                                                            |
| Abnormalities Noted:<br><br><br><br>                                                                                                                                                                                                                                                                |                |                                                                                                                     |                                                                                                  |                                                                                               | Weight (must be taken<br>within 30 days for WIC)<br><br>Height (must be taken<br>within 30 days for WIC)<br><br>Head Circumference<br>(if <2 Years)<br><br>Blood Pressure<br>(if ≥3 Years) |
| <b>IMMUNIZATIONS</b>                                                                                                                                                                                                                                                                                |                | <input type="checkbox"/> Immunization Record Attached<br><input type="checkbox"/> Date Next Immunization Due: _____ |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| MEDICAL CONDITIONS                                                                                                                                                                                                                                                                                  |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Chronic Medical Conditions/Related Surgeries<br>• List medical conditions/ongoing surgical concerns:                                                                                                                                                                                                |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Medications/Treatments<br>• List medications/treatments:                                                                                                                                                                                                                                            |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Limitations to Physical Activity<br>• List limitations/special considerations:                                                                                                                                                                                                                      |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Special Equipment Needs<br>• List items necessary for daily activities                                                                                                                                                                                                                              |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Allergies/Sensitivities<br>• List allergies:                                                                                                                                                                                                                                                        |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Special Diet/Vitamin & Mineral Supplements<br>• List dietary specifications:                                                                                                                                                                                                                        |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Behavioral Issues/Mental Health Diagnosis<br>• List behavioral/mental health issues/concerns:                                                                                                                                                                                                       |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| Emergency Plans<br>• List emergency plan that might be needed and the sign/symptoms to watch for:                                                                                                                                                                                                   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |                                                                                                  | Comments                                                                                      |                                                                                                                                                                                            |
| PREVENTIVE HEALTH SCREENINGS                                                                                                                                                                                                                                                                        |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Type Screening                                                                                                                                                                                                                                                                                      | Date Performed | Record Value                                                                                                        | Type Screening                                                                                   | Date Performed                                                                                | Note If Abnormal                                                                                                                                                                           |
| Hgb/Hct                                                                                                                                                                                                                                                                                             |                |                                                                                                                     | Hearing                                                                                          |                                                                                               |                                                                                                                                                                                            |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous                                                                                                                                                                                                                            |                |                                                                                                                     | Vision                                                                                           |                                                                                               |                                                                                                                                                                                            |
| TB (mm of induration)                                                                                                                                                                                                                                                                               |                |                                                                                                                     | Dental                                                                                           |                                                                                               |                                                                                                                                                                                            |
| Other:                                                                                                                                                                                                                                                                                              |                |                                                                                                                     | Developmental                                                                                    |                                                                                               |                                                                                                                                                                                            |
| Other:                                                                                                                                                                                                                                                                                              |                |                                                                                                                     | Scoliosis                                                                                        |                                                                                               |                                                                                                                                                                                            |
| <input type="checkbox"/> <i>I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.</i> |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |
| Name of Health Care Provider (Print) _____                                                                                                                                                                                                                                                          |                |                                                                                                                     | Health Care Provider Stamp:                                                                      |                                                                                               |                                                                                                                                                                                            |
| Signature/Date _____                                                                                                                                                                                                                                                                                |                |                                                                                                                     |                                                                                                  |                                                                                               |                                                                                                                                                                                            |